



Longevity Bench Project

A Place to Rest While Taking a Walk

Bench Walk Challenge

May 10 – October 19, 2024

Manchester-by-the-Sea, MA

In six years, over 300 donors have generously placed ADA compliant benches within the neighborhoods of Manchester-by-the-Sea, MA to encourage YOU to take a walk, knowing there will be a place to rest along the way.

Take a self-guided walk, see our town, meet a friend, sit back and enjoy the views from the Longevity Benches installed for your convenience along 11 popular walking loops.



See the Town Loop Map in our brochure or online at longevitybenchproject.org

Let's Celebrate Your Achievements

Check off each bench you visit and the walking loops you complete on the back side of this card >>

Bring your card to the Longevity Bench Project Celebration on October 19, 2024 and be recognized for your success! Event details will be posted on our website.

Name: _____ Phone: _____ Email: _____ Join Our Email List: Y | N

Longevity Benches | Visited:

- 1 Bonneville Design Bench
- 2 Cook Bench
- 3 Schanley/Boy Scout House Bench
- 4 Harrington Bench
- 5 Langille Bench
- 6 Adele Q. Ervin Bench
- 7 Lisa Bonneville Bench
- 8 MF Reynolds Bench
- 9 Spence Bench
- 10 Almy Bench
- 11 Russell-Adam Bench
- 12 Manchester's 375th Anniversary Bench
- 13 Mastendino Bench
- 14 Siljeholm Bench
- 15 Dr. Samuel Ina Bench
- 16 Singleton Family Bench
- 17 Petsko-Glimcher-Auchincloss Bench
- 18 Hooper Fund Bench
- 19 Feuerbach Bench
- 20 Doggett Bench
- 21 Trevett Bench
- 22 Morss Bench
- 23 Snow Bench
- 24 Elaine Bonneville Bench
- 25 Priscilla and Richard Singleton Family Bench

Walking Loops | Completed:

- Rockwood Loop approx. 1.2 miles
- Masconomo Loop approx. 1.3 miles
- Woodholm Loop approx. 1.6 miles
- Eaglehead Loop approx. 1.7 miles
- Old Story Loop approx. 1.8 miles
- Heater Loop approx. 2 miles
- Smiths Point Loop approx. 2 miles
- Tucks Point Loop approx. 2 miles
- Sheep Pasture Hill Loop approx. 2.7 miles
- Hickory Hill Loop approx. 3.7 miles
- Kettle Cove Loop approx. 4.4 miles